



expanding horizons for people
with sight impairment

seenews

NOVEMBER 2019



We'll See You Through

Find out about our band new Early Intervention project (Page 5)

INSIDE MESSAGE FROM OUR NEW CHAIRMAN
SEE TECHNOLOGY | OPTICIAN OFFER



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CHRISTMAS OPEN MORNING

FRIDAY 29TH NOVEMBER 2019

Learn more with displays and presentations from:

seescape sight support team

The Optician

Assistive technology

seescape craft group



Try your luck with our:

Tombola

Grand Prize Draw

Relax & blether with:

Teas, coffees and cakes

Wilson Avenue, Kirkcaldy, KY2 5EF

10AM – 12:30PM

Come along find out more about seescape

What we do and how we do it

ALL TOMBOLA PRIZE DONATIONS WELCOME

A Message from our new Chairman

by Doug Stalker

Hello everyone. Many of you will already know that I took over as Chairman after our Annual General Meeting on 18 September when Jacqui Low stood down. Thanks to her leadership and drive to modernise both how the Board operates and also working with Carl, our CEO, to improve the services seescape delivers for our clients, we have made big improvements in how we operate. But that's only the start of the journey and I look forward to working with the Board and with Carl and the entire seescape team to carry on the good work and develop the best services we can for our clients in Fife.



Just a little about me. I have spent 42 years working in the Civil Service both in London and Edinburgh. I was heavily involved in the planning and delivery of change to improve services to customers and also lead staff through that change. But I was also responsible for operational delivery so hopefully many of the skills I have can be put to good use with seescape.

When Jacqui stood down, at the same time we lost two long serving Board members, our Vice Chairman Claire Easingwood and Sharron Taylor. So it's a huge thank you to both for all they have done to support us and we wish them every success for the future.

Which leads me nicely to our current campaign to recruit more Trustees. We are looking for people from all backgrounds and age ranges who can bring their skills and experience to work with the Board as we move forward. It's a commitment of 10-12 days a year attending meetings and preparing for them, as well as dealing with emails on specific topics. So if you are interested, or know someone who might be, write in or send a CV to Carl Hodson at Wilson Avenue.

Over the coming months I will provide more detailed updates on our delivery, but meantime it's time for me to start working in my new role.

Best wishes, **Doug**

A Message from the Chief Executive

by Carl Hodson

As you will note there is a lot of information in this edition of seenews with everything from a new Chairman and trustees to amazing technology and optician offers. As they say “there is nothing permanent except change” (Heraclitus) and we keep delivering on new innovations and services to assist as many people as we can.

“If you want to change the world, then first change yourself”

This is something that resonates strongly within our values at seescape and over the last two years we have changed ourselves so that we can look to positively change others’ thinking and perspective around sight loss.

A lot of the changes we have made has been directly influenced by our clients and volunteers who alongside our fantastic staff team have provided suggestions around how our services and delivery can be implemented to have the best impact. Also, in areas such as our social groups and assistive technology, what they can do and how we can best reach out to deliver to people what they might not necessarily be aware of, we need help to spread the word.

We are also very excited about helping deliver change in our low vision service, with seescape positively and proactively contributing to the current Scottish Government National Low Vision Proposal.

Change can be many things to many people but when we look to change, as an organisation, we always look back to our core values and ask ourselves how this change will impact on these. How will that in turn impact on our clients. Through a combination of our values, listening and understanding with empathy we can bring about positive and authentic change that benefits us all.

If you want to know more about what we do and what changes have happened or are happening then please come along to our Christmas Open Morning on Friday the 29th November at 10am.

Wishing everyone a very happy festive period and great New Year, I will speak to you all again in 2020!

Best wishes, **Carl**



Early Intervention Project

seescape has launched a new Early Intervention project. The Early Intervention Worker's involvement with clients can prevent GP visits, mental health issues, hospital stays and provide clients with a trusted contact that they can turn to for advice, equipment and support.



Most importantly it establishes a relationship and rapport between our staff, the client and the client's family that will help as the client's eyesight potentially deteriorates over the coming months and years. This is particularly important when people feel vulnerable, scared and are at risk of becoming depressed, frustrated and angry.

There are members of our community who are at the start of their sight loss journey and are at low to moderate risk and we know through our referrals that this number is substantial. This can mean if a client is to receive no or no further medical treatment they have no-one to turn to for help, advice, and support and may not be aware of seescape's services.

Our Early Intervention Worker, Donna Herd, will interact with individuals in their own home or local venues and identify areas seescape can offer support. However, it is of equal importance to build a connection where the client feels they have someone to turn to if needed who is a trusted and friendly advisor.

Donna will be able to advise on safety, gadgets, magnifiers, colours, lighting in the home and will be able to talk about any problem areas the client may be experiencing and signpost to other services e.g. benefits, transport, social groups etc.

Early intervention with clients will help seescape to make the right interventions as soon as possible ensuring the client and their family are better informed and are better prepared for the future

To find out more or to make a referral please contact us on **01592 644 979**.

Fundraising Update

Grand Prize Draw

Our Grand Prize Draw takes place again over the next few months with a chance to win a 1st prize of £500!

We have enclosed a couple of books which we hope you will be able to sell on our behalf, all monies raised from the Draw go directly into the services we provide.

If you are unable to sell the books please return them to seescape. For all sold books please make sure the stubs are returned to us along with monies by 17th December to be included in the draw. If you can sell more books please contact us on **01592 644 979**.

Thank you for your continued support and good luck!!

Skydive

On Sunday 1st September we had a fantastic supporter take part in our first tandem skydive. Taylor who works for the NVT Group raised £450 and braved jumping out of a plane from 10,000 feet and free falling for 5,000ft before her parachute opened and she sailed down to earth strapped to a professional skydiver.

This all took place at St Andrew's Airfield at Glenrothes and Taylor said "this is the most exciting, scary and exhilarating thing I have ever done!"



If this sounds like something you would like to tick off your bucket list contact fundraising for a full information pack.

Festival of Fun

On Saturday 24th August we manned a stall at the Festival of Fun day at Lochore Meadows. The sun shone and we were able to hand out information about the services we provide throughout Fife for people living with sight impairment.



Tesco Collection in Cupar

A big thank you to all the volunteers who helped at Tesco in Cupar on Sunday 15th September. The collection raised £132.05. Seescope would also like to thank all the customers who donated. Your generosity will help to make a difference to people living in Fife with sight loss.

Legacy

Leaving a gift in your will can change a life in the future.

We all have financial commitments which may mean we can't always do as much as we'd like to help other people. So a gift left in your Will is an opportunity to give more than you might ever have been able to give in your lifetime, providing support and hope for people long into the future.

If you would like to discuss leaving a legacy then please contact Sally Cameron.

What's Happening at Seescope

Remember you can keep up to date with all the news and events on our **website** www.seescope.org.uk
facebook @seescopefife
twitter @seescopefife
linkedin /seescope
Instagram seescopefife



SEE TECHNOLOGY

by Stuart Beveridge

It has been a busy year for the Assistive Technology Team with four successful technology roadshows, new tech arrivals at the centre and of course plenty of appointments with you, our clients.

In this edition of See Technology, we will provide information on some of the exciting equipment we have at the centre including the latest Synapptic products

from Sight and Sound, all of which are available for demonstration by Stuart Beveridge and Lindsey McDonald at seescape.



Technology at the Christmas Open Morning

We are delighted to confirm the attendance of two very special guests who have recently developed a new mobility solution to assist visually impaired people. The Ramble Tag Guidance Aid was developed by Laura MacLean and her neighbour Tom Forsyth who himself is visually impaired.



The Ramble Tag is a lightweight harness designed to be worn on the upper arm. The product is comfortable, weather proof and is designed to give comfort and ensure a confident experience for the guide in all climates. Ramble Tags are for everyday use, sports, and assistance teams.

They are designed to give more freedom of movement to both the sighted-guide and companion. They can be used in any environment including shops, stadiums, airports, railway stations and large public spaces.

If you would like to try out this new and potentially life-changing invention, why not come along to our open morning on Friday 29 November and experience it for yourself!

For more information about any of the technology in this edition of seenews or to make an appointment with Stuart or Lindsey please contact 01592 644 979.

WHY NOT JOIN US FOR A DEMO?

Our technology room has expanded!

**With sponsorship from Sight and Sound Technology,
we now have even more Assistive Technology
equipment in our Technology Room
providing a host of solutions to
those with all levels of sight loss.
New products include the Synaptic
range, ONYX® video magnifier
and software such as JAWS
and ZoomText.**



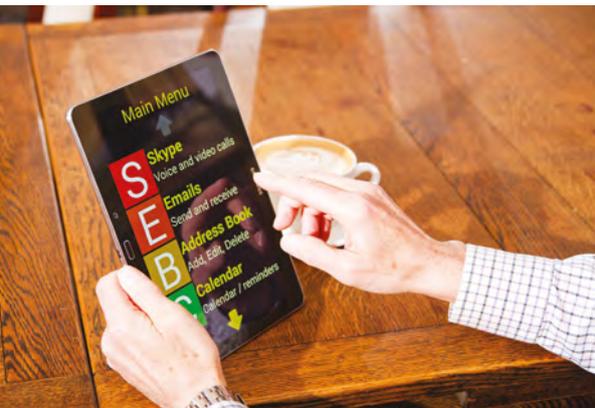
**To find out more or
book a demonstration,
please contact
Lindsey or Stuart on
01592 644979 or
info@seescape.org.uk**

Innovative technology for people with sight loss

Our range of Synapptic phones, tablets and TV box is an all-in-one software package for people with sight loss. It's simple and intuitive to use, even if you're a novice or struggle to use accessibility on other devices. And it can evolve with you, even if your sight changes.

Synapptic mobile phones

- Range of Samsung mobile phones with 5.8 to 6.4 inch screens
- Synapptic software already installed
- All instructions and options are read out to the user
- Voice recognition and dictation



Synapptic tablets

- Incredibly thin and light, easy to hold with one hand
- Comes in 10.1 or 10.6 inch screen
- Synapptic software already installed
- Easy to use and portable solution

Synapptic TV box

- Enjoy all your favourite channels with this plug and play device
- Clear remote with simple navigation
- Built in speech and voice recognition
- Easily search TV and radio listings, watch Netflix or iPlayer, shop online, searching the internet, and keeping in touch with family and friends



Reveal 16 and 16i are the latest electronic magnifiers from HumanWare which will change how you read.

*** SPECIAL OFFER ***

Reveal 16 normally £2395 - now £1795

Offer available until 31st December 2019

Photographs look so clear and crisp with Reveal 16. Enjoy catching up on those family photos again, reading your post, newspapers, books and magazines. Use the distance camera to look out at the world around you.

Reveal 16 is space saving too, it folds down easily to store away when not in use.



*** SPECIAL OFFER ***

Reveal 16i normally £3395 - now £2795

Offer available until 31st December 2019



Reveal 16i is the best of all worlds; a smart connected magnifier which is intuitive to use. Reveal 16i's stunning features include scrolling text on the screen with the option to listen to text being read to you. Reading is enjoyable and relaxing!

Reveal 16i is the magnifier which keeps giving! Browse the internet, shop on-line and check your emails all with such ease!

**seescape offers free Demonstrations
at Wilson Avenue, Kirkcaldy - Telephone: 01592 644979**

Festive Sale at

The
Optician
at  seescape

50% OFF
SELECTED FRAMES

Prices range from £29.00 up to £179.00 with some exclusive ranges you won't find on the high street

Offer available 1st November 2019 - 31st January 2020

Book your appointment today by calling

01592 646 728 or visit our website

www.seescape.org.uk



Wilson Avenue, Kirkcaldy KY2 5EF

Telephone: 01592 644 979

Email: info@seescape.org.uk

www.seescape.org.uk

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